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Observatory of pre-professional practices in Physical Education (ISEF- Udelar)

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Área temática: Ensino e Aprendizagem: práticas contínuas, diferenciadas e participadas

Abstract

The article presents initial results of a curricular innovation experience designed and implemented during 2022 in the Bachelor of Physical Education at the University of the Republic (Uruguay). The objective of the project was to implement a space for observation and subsequent analysis of the pre-professional practices, which raise awareness and allows specific discussion on the contents planning, methodology and evaluation of Physical Education, integrated into a specific curricular unit that is prior and mandatory to Professional Practices of the career. We believe that the deconstruction of beliefs and trajectories in teacher education are essential for their critical training. A mixed evaluation methodology was chosen, combining questionnaires, interviews, conferences and analysis of documents produced in the course. The findings systematize the opinions of 116 students collected in two Google Forms and two group interviews with pre-professional internship teachers. The results of the first stage of the evaluation, for the most part, value the experience as highly satisfactory. The students especially emphasize the use of observation cards created for the treatment of the topics and the work among classmates. It is concluded that the observatory improves the understanding of situated and significant learning, and promotes the creation of study groups that facilitate the transit through pre-professional practices.

Keywords: Teaching, Teaching practice, Curriculum innovation.